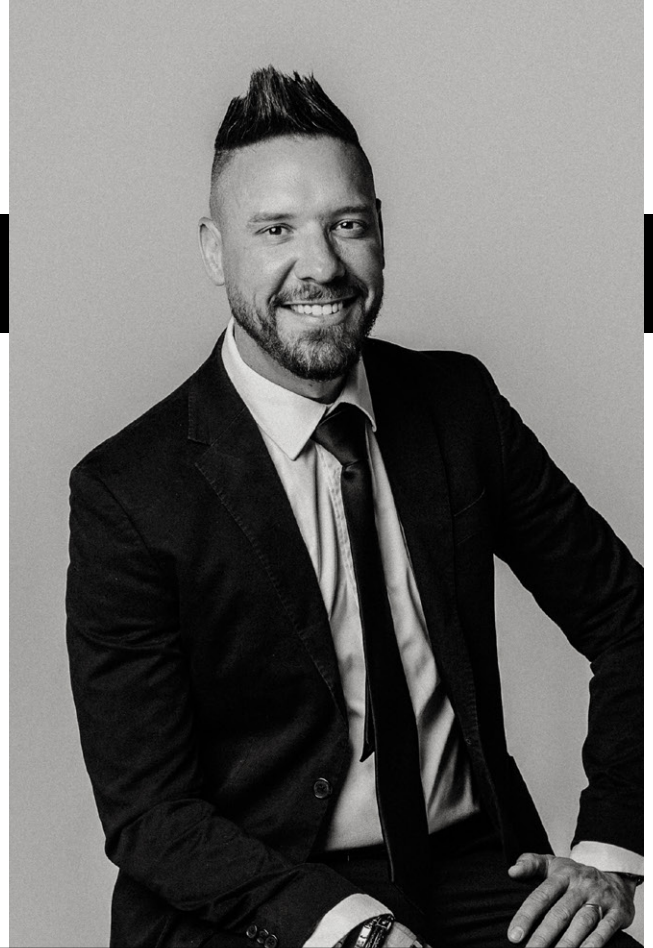


BRENT LINDEQUE

KEYNOTE SPEAKER & MC

Brent Lindeque is a dynamic speaker who challenges preconceived notions and inspires audiences to see the brighter side of South Africa's narrative. Through engaging storytelling and powerful insights, Brent equips business owners and professionals with the mindset and tools to foster resilience, innovation, and positive change. His keynotes have been delivered to leading corporates across the country, sparking a shift in perspective and encouraging adaptability, community building, and a thriving workplace culture.



Keynote Topics:

Changing the Narrative

An uplifting talk on the power of positive news and how shifting our focus can transform businesses, communities and personal outlooks.

Becoming the Good Things Guy

Brent shares his journey of founding Good Things Guy, turning passion into purpose and proving that good news can change the world.

Happiness & Mental Health

A deeply personal keynote on overcoming mental health challenges, resilience and the importance of well-being in personal and professional life.

Motivation – Igniting Your Fire!

A high-energy session designed to inspire action, boost motivation and help individuals tap into their full potential.

Resilience in Times of Uncertainty

Brent explores overcoming adversity, finding strength through challenges and embracing resilience as a superpower.

The Extraordinary-ness of South Africa & Its People

A celebration of South Africa's resilience, innovation and the incredible people shaping its future.

The Importance of Daily Gratitude

How shifting from "I have to" to "I get to" can transform our outlook on life and work.

Master of Ceremonies:

Brent brings unmatched energy, warmth and charisma to every event. His ability to engage audiences, keep the energy high and create memorable moments makes him the perfect MC for corporate functions, conferences, and special events. Whether it's a formal gathering or a relaxed fireside chat, Brent ensures your audience walks away inspired and connected.

Book Brent for Your Next Event:

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Websites: brentlindeque.com | goodthingsguy.com

Let's change the narrative together!